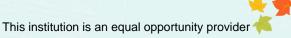
Marion Local High School





Happy Fall!





October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

THURSDAY







MONDAY

No School!!

Hamburger Sandwich Lettuce & Tomato

Hashbrown

TUESDAY

Fruit Milk 3

Chicken Noodle Soup Celery Crackers Cinnamon Roll

WEDNESDAY

Fruit Milk 4

Popcorn Chicken Mashed Potatoes Corn Dinner Roll

Fruit Milk

FRIDAY

Pizza Calzone lceberg Lettuce Spaghetti Sauce Fruit Milk

6

Tenderloin Sandwich Lettuce & Tomato Steamed Broccoli Baked Chips Fruit Milk

Chicken Fajita/Rice Romaine Lettuce Refried Beans Cheese & Salsa Fruit/Tortilla Chips Milk 10

Chili Soup Baby Carrots Crackers Bread & Butter Fruit Milk O

Country Fried Steak Mashed Potatoes Corn Dinner Roll Fruit Milk

12

Pepperoni Pizza Iceberg Lettuce Bell Peppers Fruit Milk

13

Deli Sub Sandwich Lettuce & Tomato Baby Carrots Baked Chips Fruit Milk BBQ Pork Nachos Tomatoes & Onions Coleslaw Black Beans Fruit/Granola Bar Milk **T**

Tater Tot Casserole Green Beans Smore's Bar Fruit Milk 18

Italian Meatballs Breadstick w/Sauce Special Salad Fruit Milk 19

Chicken Quesadilla Romaine Lettuce Corn & Bean Salsa Fruit Milk

20

Mini Corn Dogs Baked Beans Baby Carrots Fruit

Milk

Taco Meat
Tortilla Chips
Iceberg Lettuce
Cheese & Salsa
Fruit/Teddy Grahams
Milk

24

Pasta w/Meat Sauce Green Beans Cheese Breadstick Fruit Milk

25

Chicken Nuggets
Potato Smiles
Peas
Dinner Roll
Fruit
Milk

26

Pizza Ripper Romaine Lettuce Green Beans Fruit Milk

27

Chicken Patty Sandwich Green Beans Cheesy Potatoes Fruit Milk Burrito Salsa

16

Iceberg Lettuce

Fruit Milk 31



